Hi friends,

Last month we focused on Mental Health Month, and PathPoint’s Behavioral Health Services. But did you know that May was also Older American’s Month? The theme of this year’s celebration was “Get into the Act,” to focus on how older adults are taking charge of their health, getting engaged in their communities, and making a positive impact in the lives of others.

The Senior Community Service Employment Program (SCSEP) is a unique federal program that provides jobs and improves the well-being of low-income older adults. Last year, 67,814 older Americans participated in SCSEP and provided over 35.7 million staff hours in 30,000 local public and nonprofit agencies, such as libraries, schools, and senior centers. PathPoint is proud to offer and operate SCSEP!

Thank you for allowing us the opportunity to provide diverse service to fulfill our mission. With your sustained support, we can continue to help our local communities expand and prosper. Happy Summer!

Sincerely,

Upcoming Events:

Ventura County
Youth Council Meeting
June 3
3:00 - 4:30 pm
Human Service Agency
855 Partridge Dr.
Ventura, CA

Los Angeles County
Special Olympics Summer Games
June 13 & 14
10:00 am - 3:00 pm
California State University,
Long Beach
1250 Bellflower Blvd.
Long Beach, CA
Come visit PathPoint’s information booth in the Vendor Village

Kern County
Kern Regional Center Board of Directors Mtg
June 2
5:30 pm
Kern Regional Center
Claudia's Speech

Claudia attends PathPoint in Lancaster. At their recent Antelope Valley Celebration of Progress, Claudia wrote and shared a speech about her experience with PathPoint. Below is a sample from her speech.

My name is Claudia. I attend PathPoint. It is a lot of fun because I enjoy working with people with disabilities. My dream is to become an instructor someday. I thought why not choose a job that I love, which is to help people with their needs.

The first day I started PathPoint in 2001, I didn’t behave like I was supposed to. I always walked away from the group on outings and never listened to staff. But I straightened myself out. PathPoint has changed my life and has made me very happy. I have good days here because the staff are a lot of fun to hang around and talk to. I enjoy each one and their sense of humor. I don’t feel like I’m just a participant. Whenever I show up for PathPoint, it puts a smile on my face.

If it wasn’t for PathPoint, I would be home and never get out, but thanks to this program I have been the happiest girl ever. Sometimes I say that I wish I was spending the night, I don’t even want to go home! This is the happiest and best program I could ever attend.
The first is hope – recovery is possible. The second is empowerment. You, the client, are in control of your life. You are meaningful and important and you can have the life that you want. That life will be achieved by your goals, which will be set by you in collaboration with your caseworker, who will support you in achieving them.

**You believe in “treating the whole person.” What does that mean?**
It’s a conversation about what’s important in a person’s life. Where do you find meaning? Is there a cultural practice that’s important to you? Do you have a circle of friends? A spiritual activity or practice? In our treatment planning we talk about those things and encompass them as components of the totality of life. It’s moving from the identity of a sick person, to a person first. You can’t help but treat someone with respect if you see them as a whole person.

**Is there a quote you refer to?**
I appreciate the quote, “Good leaders do things right. Great leaders do the right thing.” It’s important to me to make the right decision even if it’s the hard one. How you treat people is how they treat other people. If you don’t treat people with respect and collaboration, they’re not going to treat others that way.

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PathPoint is participating in the Fourth Annual **Caring and Sharing Block Party!**
*June 6 (12:00-3:00pm) in the Calle Real Center in Goleta*

This event is a festive, fun, party atmosphere and opportunity to meet local nonprofits and merchants in the community. There will be bounce castles, balloon animals for the kids, County firetruck/AMR ambulance, musicians, dog rescue and adoption and more. This event is free to the public.

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**Caring & Sharing**
*CALLE REAL CENTER*

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**Kern Regional Center**
*3200 North Sillect Ave*
*Bakersfield, CA*

**Behavioral Health Division**

Healthy Living on a Budget
3rd Tuesday of the month
10:00 am
Bradley Studios

Shared Community Event
Tuesdays
4:00 pm
El Carrillo

Hiking Group
Wednesdays
1:30 pm
El Carrillo

Coffee with Keely
Wednesdays
10:00 am
El Carrillo

Healthy Living on a Budget
Wednesdays
3:00 pm
Artisan Studios

Tranquil Art
Fridays
12:00 pm
El Carrillo

Mindfulness Meditation
Sundays
1:30 pm
El Carrillo
PathPoint in the News

Block Party ‘Nonprofit Showcase’ Returning to Calle Real Center in Goleta

Central Coast Rescue Mission: An Opportunity to Work Again

"I Am" Photo Project

Our Behavioral Health division created a photo project for Mental Health Awareness Month, and we called it the I Am Project. The project features photos of our clients, holding signs challenging stereotypes society has for people with mental illnesses. View it on Facebook here. #PathPointIAmProject

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